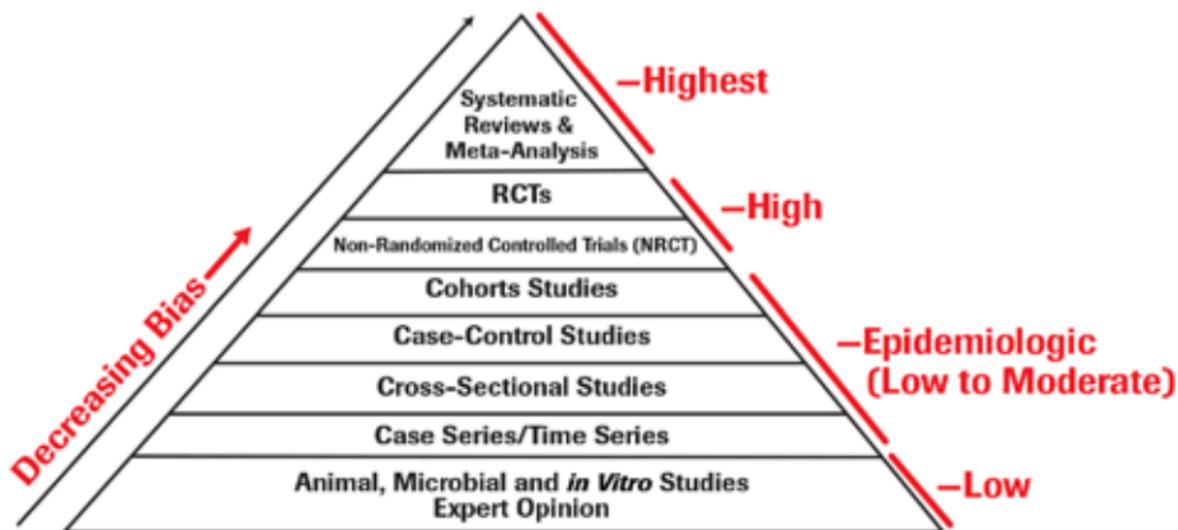


Value Hierarchy in Evidence-based Medicine



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SOURCE: JOHN WHITE, PH.D., PRESIDENT & FOUNDER, WHITE TECHNICAL RESEARCH/2018 SWEETENER SYSTEMS CONFERENCE

 **Animal trials, which are so often used as conclusive standards for determining test results, actually fall at the low end of the value hierarchy pyramid in evidence-based medicine. Epidemiologic data was heavily emphasized in the 2015 Dietary Guidelines for Americans, even though it is generally recognized to be of low-to-moderate evidentiary value.**