Welcome to Global Food Forums®

October 23, 2018 • Oakbrook, Ill., USA
www.globalfoodforums.com/2018-sweetener-systems

Welcome presentation by
Claudia Dziuk O’Donnell, Co-owner
Global Food Forums, Inc.
Jewel: A mainstream grocery store northwest of Chicago.

Various sugars, agaves, date and other syrups, stevias and monk fruit, aspartame, etc. direct to consumers.
Sampling Station

Innovative New Sweetened Products & Trends

Bolder Caramels

**Trendy Ingredient:** extracted hemp oil “for stress relief, relaxation, and healthy sleep patterns” (CBD source)

**Sweeteners:** Organic brown rice syrup organic coconut palm sugar

---

Brain Juice

**Sweeteners:** Monk Fruit Extract, Organic Stevia and Organic Fair-Trade Granulated Coconut Nectar
Honey “Pavilion”

Wedderspoon Manuka Honey
Complicated rating systems to verify product identify and quantify medicinal properties. Explanation of scores (UMF, NPA, MGO, etc.) at http://bit.ly/2psM0lH
Kfactor 12 honey from Whole Foods $28.99 / 8.8oz or $24/kg

Wholesome Raw Unfiltered Honey
Benefit: NOT local sourced (More control of product: less adulterated, contaminated)

KiZE Raw Energy Bar
Original Claim: No Sugar Added (Second ingredient was honey). Label now corrected.

Rice’s Local Hive Honey
Benefit: LOCAL sourced -This variety is from mid-United States

Heavenly Organics Chocolate Honey Paddy
Claim of Two Ingredients: White Honey & Dark Chocolate
Sweetness Suppression

Crave Crush & Sweet Defeat
Zinc, Gymnema Sylvestre Leaf Extract, Sorbitol, Flavor and Color

NOTICE:

Their effect can last an hour or more

Open Gymnema capsule to try a small amount; very bitter!
**Creation Nation Protein Bar Mix**

See recipes on back. Consumer can customize their product by type of fat used (e.g., coconut oil), type of liquid (e.g., water, milk, fruit puree) and type of sugars (e.g., honey, molasses, etc.)

**Swerve® Sweets™ Chocolate Cake Mix**

Promoted for a Ketogenic diet (high fat and protein, low carb). Has driven use of erythritol, certain oligofructoses as well as monk fruit, stevia, xylitol...
Xylitol

Yönalé Birch Water
Birch sap contains xylitol. Several, mildly sweet birch waters have entered the marketplace.

Smart Sweet Real Birch Xylitol

XCLEAR Natural Honey Lemon Sugar Free Cough Drops
“Xylitol is clinically proven to break-up bacterial biofilms, the communities where bacteria thrive, and inhibit bacteria from sticking around.”